DAILY BUDDHIST CHANTING

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Venerable Acharya Buddharakkhita
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EVERYDAY BUDDHIST CHANTING

A constant companion for
cultivating mind and peace in life

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INTRODUCTION

Religion and devotion are interactive, and this is as true of Buddhism as of any other faith. Buddhism, being essentially rational in approach, does not encourage exuberant display of piety; sobriety characterizes its devotional approach. For this reason Theravāda Buddhism is alleged by some to be dry, intellectual and devoid of higher emotional content. There may be some truth in this allegation, as regards those people who limit themselves to an intellectual study, acceptance and appreciation of Dhamma without applying it to their everyday lives.

For the true follower of Theravāda, however, devotion is an indispensable aid on the way to Deliverance. For him the very word 'Buddha' can produce a deep emotional upsurge and rapture. Yet he is fully aware that devotion equated with emotion is harmful and leads to over-sensitivity, fanaticism and blind faith.

The concept of devotion in Theravāda Buddhism is distinctly different from that of religions placing emphasis on emotion alone. Accompanied by insight, the act of devotion is a spiritual exercise aimed at development of several faculties – the rational, emotional and volitional. As a culture of mind, it sets afoot the harmonious development of the mental faculties, bringing about the integration required for attainment of Nibbāna. It is, in effect the orchestration of various mental powers and spiritual faculties, reaching its crescendo with the Supermundane.

In practice the act of devotion expresses aspiration for an ideal of perfection and purity, attainable through self-control, discipline and mental development. At first it may seem a rather insignificant step in the progression towards such a

lofty goal. However a series of such devotional acts has a cumulative effect. It creates a habitual frame of mind, marked by well-balanced mental faculties and steady spiritual progress, culminating in transformation of consciousness.

The manual is intended as a practical aid to the practising Buddhist. If it helps in generating a sense of commitment to Truth, as symbolised by the Three Refuges, our loving labour in its preparation will be amply rewarded.

May all beings be happy!

Venerable Acharya Buddharakkhita
Maha Bodhi Society, Bangalore

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PĀLI ALPHABET

Vowels	:	a, ā, i, ī, u, ū, e, o.
Consonants	:	ka, kha, ga, gha, ṅa.
		ca, cha, ja, jha, ña.
		ṭa, ṭha, ḍa, ḍha, ṇa.
		ta, tha, da, dha, na.
		pa, pha, ba, bha, ma.
		ya, ra, la, va.
		sa, ha, ḷa, aṁ.

Mode of Pronunciation:

a as u in cut
ā as a in mart
i as i in king
ī as ee in eel
u as u in put
ū as u in rule
e as e in ethics
o as o in over
ka as k in key
kha as kh in khaki
ga as g in good
gha as gh in ghost
ṅa as n in ankle
ca as ch in cheer
cha as tch in kutch
ja as j in just
jha as jh in jhansi
ña as ñ in señor
ṭa as t in cat
ṭha as th in laṭhi
ḍ as d in day
ḍh as dh in dhow
ṇa as n in nut
ta as t in tamasha
tha as th in thunder
da as th in that
dha as dh in dhamma
na as n in name
pa as p in pub
pha as ph in phantom
ba as b in ball
bha as bh in bhārat
ma as m in mother
ya as y in yard
ra as r in rat
la as l in luck
va as v in victory
sa as s in sun
ha as h in hat
ḷa as l in lame
aṁ as ung in unguent

EVERYDAY BUDDHIST CHANTING

1. Vandanā

Namo Tassa Bhagavato Arahato Sammā Sambuddhassa! (3 times)

Buddhaṁ vandāmi, Dhammaṁ vandāmi, Saṅghaṁ vandāmi, ahaṁ vandāmi sabbadā. (Salutation)

Dutiyampi Buddhaṁ vandāmi, Dhammaṁ vandāmi, Saṅghaṁ vandāmi, ahaṁ vandāmi sabbadā. (Salutation)

Tatiyampi Buddhaṁ vandāmi, Dhammaṁ vandāmi, Saṅghaṁ vandāmi, ahaṁ vandāmi sabbadā. (Salutation)

2. Khamāpanā

Okāsa! Vandāmi bhante, Dvārattayena kataṁ sabbaṁ aparādhaṁ Khamatha me Bhante!

Dutiyampi Okāsa! Vandāmi bhante, Dvārattayena kataṁ sabbaṁ aparādhaṁ khamatha me bhante!

Tatiyampi Okāsa! Vandāmi bhante, Dvārattayena kataṁ sabbaṁ aparādhaṁ khamatha me bhante! Anukampaṁ upādāya!

3. Sīla Yācanā - Request for the precepts

Devotee: Okāsa! Ahaṁ Bhante, Tisaraṇena saddhiṁ Pañcasīlaṁ Dhammaṁ yācāmi; anuggahaṁ katvā sīlaṁ detha me Bhante!

Dutiyampi Okāsa! Ahaṁ Bhante, Tisaraṇena saddhiṁ Pañcasīlaṁ Dhammaṁ yācāmi; anuggahaṁ katvā sīlaṁ detha me Bhante!

Tatiyampi Okāsa! Ahaṁ Bhante, Tisaraṇena saddhiṁ Pañcasīlaṁ Dhammaṁ yācāmi; anuggahaṁ katvā sīlaṁ detha me Bhante! Anukampaṁ upādāya!

Bhikkhu: Yamahaṁ vadāmi taṁ vadetha.

Upāsaka: Āma Bhante.

1. Homage

Homage to him, The Blessed One, The Perfect One, The Supremely Enlightened One!

Homage to the Buddha, homage to the Dhamma, homage to the Sangha. I pay homage always.

For the second time, homage to the Buddha, homage to the Dhamma, homege to the Sangha. I pay homage always.

For the third time, homage to the Buddha, homage to the Dhamma, homege to the Sangha. I pay homage always.

2. Self-correction

Excuse me! Venerable Sir, pardon all my transgressions by the three action-doors (bodily, verbal and mental).

For the second time, Venerable Sir, pardon all my transgressions by the three action-doors.

For the third time, Venerable Sir, pardon all my transgressions by the three action-doors. Out of compassion please sir.

3. Request for the Precepts

Excuse me! Venerable Sir, I seek from your reverence, the Threefold Refuge, together with the five precepts of the Noble Teaching; Kindly give me the precepts.

For the second time, Venerable Sir, I seek from your reverence, the Threefold Refuge, together with the five precepts of the Noble Teaching; Kindly give me the precepts.

For the third time, Venerable Sir, I seek from your reverence, the Threefold Refuge, together with the five precepts of the Noble Teaching; Kindly give me the precepts.

Monk: Repeat what I say.

Devotee: Yes, Venerable Sir.

4. Tisaraṇa

(Monk recites, devotee repeats)

Namo tassa Bhagavato Arahato Sammā Sambuddhassa! (3 times)

Buddhaṁ Saraṇaṁ Gacchāmi

Dhammaṁ Saraṇaṁ Gacchāmi

Saṅghaṁ Saraṇaṁ Gacchāmi

Dutiyampi Buddhaṁ Saraṇaṁ Gacchāmi

Dutiyampi Dhammaṁ Saraṇaṁ Gacchāmi

Dutiyampi Saṅghaṁ Saraṇaṁ Gacchāmi

Tatiyampi Buddhaṁ Saraṇaṁ Gacchāmi

Tatiyampi Dhammaṁ Saraṇaṁ Gacchāmi

Tatiyampi Saṅghaṁ Saraṇaṁ Gacchāmi

Bhikkhu: Tisaraṇagamanaṁ paripunnaṁ

Upāsaka: Āma, Bhante.

5. Pañca Sīlaṁ

1. ***Pānātipātā Veramanī Sikkhāpadaṁ Samādiyāmi.***
2. ***Adinnādānā Veramanī Sikkhāpadaṁ Samādiyāmi.***
3. ***Kāmesumicchācārā Veramanī Sikkhāpadaṁ Samādiyāmi.***
4. ***Musāvādā Veramanī Sikkhāpadaṁ Samādiyāmi.***

4. The Threefold Refuge

(Monk recites, devotee repeats)

Homage to Him, the Blessed One, The Perfect One, The Supremely Enlightened One! (3 times)

I go for refuge to the Enlightened One.

I go for refuge to the Teaching of the Enlightened One.

I go for refuge to the Holy Order of Enlightened One's Noble Disciples.

For the second time, I go for refuge to the Enlightened One.

For the second time, I go for refuge to the Teaching of the Enlightened One.

For the second time, I go for refuge to the Holy Order of Enlightened One's Noble Disciples.

For the third time, I go for refuge to the Enlightened One.

For the third time, I go for refuge to the Teaching of the Enlightened One.

For the third time, I go for refuge to the Holy Order of Enlightened One's Noble Disciples.

Monk: Going for (Commitment to) the Threefold Refuge is now completed.

Devotee: Yes, Venerable Sir.

5. The Five Precepts

1. I (voluntarily) undertake the precept of abstaining from killing.
2. I (voluntarily) undertake the precept of abstaining from stealing.
3. I (voluntarily) undertake the precept of abstaining from sexual misconduct.
4. I (voluntarily) undertake the precept of abstaining from lying.

5. ***Sūra-meraya-majja-pamādaṭṭhānā Veramanī Sikkhāpadaṁ Samādiyāmi.***

Bhikkhu: Tisaraṇena saddhiṁ pañcasīlaṁ dhammaṁ sādhukaṁ surakkhitaṁ katvā appamādena sampādetha!

Upāsaka: Āma Bhante.

Salutation Three Times

6. Buddha Vandanā

Namo Tassa Bhagavato Arahato Sammā Sambuddhassa! (3 times)

1. ***Iti'pi so Bhagavā, Arahaṁ, Sammā Sambuddho, Vijjācaraṇasampanno, Sugato, Lokavidu, Anuttaro Purisadammasārathī, Satthā Devamanussānaṁ, Buddho, Bhagavā ti.***
2. ***Namo tassa Sammā Sambuddhassa!***
3. ***Ye ca Buddhā atītā ca,***
   Ye ca Buddhā anāgatā,
   Paccuppannā ca ye Buddhā
   Ahaṁ vandāmi sabbadā
4. ***Natthi me saraṇaṁ aññaṁ***
   Buddho me saraṇaṁ varaṁ
   Etena saccavajjena,
   Hotu me jayamangalaṁ
5. ***Uttamaṅgena vandehaṁ***
   Pādapaṁsu varuttamaṁ
   Buddhe yo khalito doso,
   Buddho khamatu taṁ mamaṁ
6. ***Buddhaṁ yāva nibbānapariyantaṁ***
   Saraṇaṁ gacchāmi. (Salutation)

5. I (voluntarily) undertake the precept of abstaining from liquor, alcoholic drinks, or intoxicants that cause heedlessness.

Monk: Having guarded well (the commitment to) the Threefold Refuge together with the Five Precepts of the Noble Teaching, work out (spiritual perfection) with diligence.

Devotee: Yes, Venerable Sir.

6. Worshiping the Buddha

Homage to him, The Blessed One, The Perfect One, The Supremely Enlightened One!

1. Thus, indeed, is the Blessed One: He is the Perfect One, the Supremely Enlightened One, the Embodiment of Wisdom and Virtue, the Sublime One; the Knower of (all) Realms, the Incomparable Tamer of Individuals, the Supreme Master of Gods and Men, the Enlightener and the Blessed Lord.
2. My reverential salutation to Him, the Supremely Enlightened One!
3. The Enlightened Ones of the past (aeon),
   The Enlightened Ones of the future (aeon),
   The Enlightened Ones of the present (aeon),
   Humbly ever do I worship.
4. There is no other Refuge for me,
   The Enlightened One is my Supreme Refuge,
   By this avowal of Truth,
   May joyous victory be mine!
5. With my brow do I worship the sacred dust,
   Of the holy feet of the Most Exalted One.
   Regarding the Enlightened One if I have erred in any way,
   May my error the Blessed Lord deign forgive,
6. I go to the Enlightened One for Refuge,
   Till deliverance is attained.

7. Dhamma Vandanā

1. ***Svākkhāto Bhagavatā Dhammo, sandiṭṭhiko, Akāliko, ehipassiko, opanayiko, paccattaṁ veditabbo viññūhī'ti.***
2. ***Namo tassa niyyānikassa Dhammassa!***
3. ***Ye ca Dhammā atītā ca,***
   Ye ca Dhammā anāgatā
   Paccuppannā ca ye Dhammā,
   Ahaṁ vandāmi sabbadā
4. ***Natthi me saraṇaṁ aññaṁ***
   Dhammo me saraṇaṁ varaṁ
   Etena saccavajjena,
   Hotu me jayamaṅgalaṁ
5. ***Uttamaṅgena vandehaṁ***
   Dhammañca tividhaṁ varaṁ
   Dhamme yo khalito doso,
   Dhammo khamatu taṁ mamaṁ
6. ***Dhamaṁ yāva nibbānapariyantaṁ***
   Saraṇaṁ gacchāmi.
   (Salutation)

8. Saṅgha Vandanā

1. ***Supaṭipaṇṇo Bhagavato Sāvakasaṅgho,***
   Ujupaṭipaṇṇo Bhagavato Sāvakasaṅgho,
   ñāyapaṭipaṇṇo Bhagavato Sāvakasaṅgho,
   Sāmīcipaṭipaṇṇo Bhagavato Sāvakasaṅgho,
   Yadidaṁ cattāri purisayugāni aṭṭhapurisapuggalā
   Esa Bhagavato Sāvakasaṅgho;

7. Worshiping the Noble Teaching

1. The Teaching is perfectly enunciated by the Blessed One; it is verifiable here and now, and bears immediate fruit; it invites all to test for themselves, leads one onward to Nibbāna and is to be experienced by the wise for himself.
2. Reverential salutation to the Noble Teaching, leading onward to deliverance.
3. The Noble Teachings of the past (Buddhas),
   The Noble Teachings of the future (Buddhas),
   The Noble Teachings of the Buddhas of present (aeon),
   Humbly ever do I worship.
4. There is no other Refuge for me.
   The Noble Teaching is my Supreme Refuge,
   By this avowal of Truth,
   May joyous victory be mine!
5. With my brow do I worship the most excellent threefold Teaching.
   Regarding the Teaching if I have erred in any way,
   May my error the mighty Dhamma deign forgive.
6. I go to the Sacred Teaching for Refuge,
   Till deliverance is attained.

8. Worshiping the Holy Order

1. The Holy Order of the Blessed One's Noble Disciples
   Is firmly established on the Right Path,
   The Holy Order of the Blessed One's Noble Disciples
   Is firmly established on the Direct Path,
   The Holy Order of the Blessed One's Noble Disciples
   Is firmly established on the Just Path,
   The Holy Order of the Blessed One's Noble Disciples Is firmly established on the Proper Path.
   That is, the four pairs of persons, the eight Holy Individuals,
   Constituting this Holy Order of Blessed One's Noble Disciples;

Āhuneyyo, pāhuneyyo, dakkhineyyo, añjalikaranīyo,
Anuttaraṁ puññakkhettaṁ lokassā'ti,

2. ***Namo tassa aṭṭha Ariyapuggala mahāsaṅghassa!***

3. ***Ye ca Saṅghā atītā ca, Ye ca Saṅghā anāgatā,***
Paccuppannā ca ye Saṅghā, Ahaṁ vandāmi sabbadā.

4. ***Natthi me saraṇaṁ aññaṁ, Saṅgho me saraṇaṁ varaṁ,***
Etena saccavajjena, Hotu me jayamaṅgaḷaṁ.

5. ***Uttamaṅgena vandehaṁ, Saṅghañcatividhuttamaṁ,***
Saṅghe yo khalito doso, Saṅgho khamatu taṁ mamaṁ;

6. ***Saṅghaṁ yāva nibbānapariyantaṁ,***
Saraṇaṁ gacchāmi.
(Salutation)

9. Ratanattaya Balaṁ

Evaṁ Buddhaṁ sarantānaṁ
Dhammaṁ Saṅghañca bhikhavo,
Bhayaṁ vā chambhitattaṁ vā
lomahaṁso na hessati.

10. Padīpa Pūjā

Ghaṇasārappadittena
dīpena tamadhaṁsinā,
Tilokadīpaṁ Sambuddhaṁ
pūjayāmi tamonudaṁ.

11. Dhūpa Pūjā

Gandhasambhārayuttena
dhūpenāhaṁ sugandhinā
Pūjaye pujanīyantaṁ
pūjā bhājana muttamaṁ.

Which is worthy of honour, of hospitality, of offerings, of reverential salutation, and is the Incomparable field of merit for the world.

Reverential salutation to the Holy Order of the Eight types of exalted Saints.

2. The Holy Orders of the Noble Disciples of past (Buddhas),
3. The Holy Orders of the Noble Disciples of future (Buddhas),

The Holy Orders of the Noble Disciples of Buddhas of present (aeon),

Humbly ever do I worship.

4. There is no other Refuge for me,

The Holy Order of Buddha's Noble Disciples is my Supreme Refuge,

By this avowal of Truth, May joyous victory be mine!

5. With my brow do I worship the Holy Order

Pre-eminent in three levels (of Supermundane accomplishments)

Regarding the Holy Order if I have erred in any way,

May my error the (mighty) Holy Order deign forgive.

6. I go to the Holy Order for Refuge, Till deliverance is attained.

9. The Power of the Triple Gem

Fear, trepidation and hair-raising terror will never arise in them who reflect thus on the excellences of the Enlightened One, His Teaching and His Holy Order of Noble Disciples.

10. Offering Lights

With this brightly burning, intensive light, dispelling darkness, do I worship the Supremely Enlightened One, the Light of the Three Worlds, who dispels inner darkness.

11. Offering Incense

With this fragrant incense, compounded of aromatic substance, do I worship Him, who is the worthiest object of reverence, and the holiest being to worship.

12. Puppha Pūjā

Vaṇṇagandhagunopetaṁ etaṁ Kusumasantatiṁ,
Pūjayāmi Munindassa siripāda saroruhe.
Pūjemi Buddhaṁ kusumena'nena,
Puññenametena ca hotu mokkhaṁ,
Pupphaṁ milāyāti yathā idamme
Kāyo tathā yāti vināsabhāvaṁ.

13. Sakala-Buddha Pūjā

Nirodhasamāpattito vuṭṭhahitvā nisiṇṇassa viyā
Bhagavato Arahato Sammāsambuddhassa
Īminā dīpena dhūpena pupphena
pūjemi, pūjemi, pūjemi;
Imaṁ dīpa-dhūpa-pupphapūjādi nāma
sakala Sambuddhānaṁ, Pacceka Buddhānaṁ,
Aggasāvakānam, Mahāsāvakānaṁ,
Arahantānaṁ pakatisīlaṁ.
Ahampi tesaṁ anuvattako homi.
Imāni pupphāni vennena'pi suvaṇṇaṁ,
Gandhena'pi sugandhaṁ,
Saṇṭhānena'pi susaṇṭhānaṁ,
Khippameva dubbaṇṇaṁ duggandhaṁ
Dussaṇṭhānaṁ pāpunissati.
Evameva sabbe saṅkhārā aniccā,
Sabbe saṅkhārā dukkhā,
Sabbe dhammā anattā'ti!

14. Paṭipatti Pūjā

Imāya dhammānudhamma paṭipattiyā Buddhaṁ pūjemi,
(Salutation)

Imāya dhammānudhamma paṭipattiyā Dhammaṁ pūjemi,
(Salutation)

Imāya dhammānudhamma paṭipattiyā Saṅghaṁ pūjemi.
(Salutation)

12. Offering of Flowers

With this heap of beautiful, fragrant and choice flowers, do I worship the sacred lotus feet of the Lord of Sages. With these varieties of flowers do I worship the Enlightened One; through this act of merit, may emancipation be mine. Just as these flowers wither away, even so this body ends in destruction.

13. Worshiping all Buddhas

The Blessed Lord, the Perfect One, the Supremely Enlightened One, seems seated even as he would after having arisen from the summit ecstatic state called the Cessation Absorption. To him do I worship with these flowers.

Indeed, this form of flower-worship was the habitual practice of devotion for all the Supremely Enlightened Ones, the Hermit Enlightened Ones, the Chief Disciples, the Great Disciples and the perfected Saint Disciples. So, I too follow in their footsteps. Lo! These flowers which are now full of colour, fragrance and beauty, will soon become discoloured, malodorous and ugly. Even so, all conditioned things are changeful and subject to suffering; and all conditioned and unconditioned things are unsubstantial.

14. Worship as an earnest practice of Dhamma

I worship the Enlightened One by this diligent and earnest practise of Dhamma,
I worship the Sacred Teaching by this diligent and earnest practise of Dhamma,
I worship the Holy Order by this diligent and earnest practise of Dhamma.

15. Cetiya Vandanā

Vandāmi cetiyaṁ sabbaṁ
sabbaṭhānesu patiṭṭhitaṁ
Sārīrikadhātu mahābodhiṁ
Buddharūpaṁ sakalaṁ sadā.
(Salutation)

16. Bodhi Vandanā

Yassamūle nisinno'va
sabbārivijayaṁ akā,
Patto sabbaññūtaṁ Satthā
vande'tam Bodhipādapaṁ.
Ime ete Mahābodhi
Lokanāthena pūjitaṁ,
Ahaṁ pi te namassāmi
Bodhirājā namatthu te. (Salutation)

Namo Tassa Bhagavato Arahato Sammāsambuddhassa

17 Paritta Pāṭha

Āvāhanaṁ

Vipatti paṭivāhāya, Sabbasampatti siddhiyā,
Sabbadukkhaṁ vināsāya, Sabbabhayaṁ vināsāya,
Sabbarogaṁ vināsāya, Bhave dīghāyukadāyakaṁ,
Sabbalokaṁ hitatthāya, Parittaṁ taṁ bhaṇāmahe.
Samantā cakkavālesu, Attrāgacchantu devatā,
Saddhammaṁ munirājassa, Sunantu sagga
mokkhadaṁ.
Dhammassavanakālo ayaṁ bhadantā!
Dhammassavanakālo ayaṁ bhadantā!
Dhammassavanakālo ayaṁ bhadantā!
Paritassavanakālo ayaṁ bhadantā!

15. Worshiping the Cetiya

I worship all votive shrines (Stupas, Pagodas or Dagobas) established everywhere and the holy relics, the Sacred Tree of Wisdom, and all holy images of the Enlightened One ever.

16. Worshiping the Tree of Enlightenment

I worship the Sacred Tree of Enlightenment,
Seated beneath which The Supreme Teacher,
Vanquished all adversaries of Truth,
And attained to the Summit state of Omniscience.
This great Tree of Enlightenment was shown
Honour by the Lord of the World himself,
So, I too shall worship Thee.
Oh King of trees, the Tree of Enlightenment
Indeed I do worship thee!

17. Protective Chanting

Invocation:

To ward off adversity and
To bring all good things of life,
To remove all suffering, Fear and disease,
To promote the welfare Of all in the world,
And to bestow
Longevity in this life,
Do we now chant the auspicious Protective Discourses.
May the gods from the entire universe,
Assemble here and listen to the Noble Teaching
Of the Lord of Sages, leading one,
To heavenly bliss and Liberation!
This is the propitious time to hear the Good Law,
O Revered Ones! (3 times).
This is the propitious time to hear the protective hymn,
O Revered Ones!

Sutta

Please choose the sutta for chant

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18 Paritta Suttas

Sutta - 1

KARAṆĪYA METTĀ SUTTA

1. Karaṇīya matthakusalena,
Yaṁ taṁ santaṁ padaṁ abhisamecca,
Sakko ujū ca sūjū ca,
Suvaco cassa mudu anatimāni.

2. Santussako ca subharo ca,
Appakicco ca sallahukavutti,
Santindriyo ca nipako ca,
Appagabbho kulesu ananugiddho.

3. Naca khuddaṁ samācare kiñci,
Yena viññū pare upavadeyyuṁ,
Sukhino vā khemino hontu,
Sabbe sattā bhavantu sukhitattā.

Suttas

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18 Protective Discourses

Sutta - 1
Discourse on Universal Love

1. Whoso his welfare seeks to promote,
   With a grasped of the state of Perfect Peace,
   He should be competent, honest and upright,
   Gentle in speech, meek and not proud.
2. He should be contented, easy to support,
   Not over-busy, and be simple in living,
   Tranquil in his sense, let him be prudent,
   Not be brazen, nor fawning on families.
3. He should refrain from any action
   That gives the wiser reason to reprove.
   May all beings be happy and secure,
   May all be well-disposed at heart!

4. Ye keci pāṇabhūtatthi,
Tasā vā thāvarā vā anavasesā,
Dīghā vā ye mahantā vā
Majjhimā rassakānukathulā.

5. Diṭṭhā vā yeva adiṭṭhā,
Ye ca dūre vasanti avidūre,
Bhūtā vā sambhavesi vā,
Sabbe sattā bhavantu sukhitattā.

6. Na paro paraṁ nikubbetha,
ñātimaññetha katthacinaṁ kañci.
Byārosanā paṭighasaññā,
Nāññamaññassa dukkhamiccheyya.

7. Mātā yathā niyaṁ puttaṁ
Āyusā ekaputtamanurakkhe,
Evaṁpi sabbabhūtesu,
Mānasaṁ bhāvaye aparimānaṁ.

8. Mettañca sabbalokasmiṁ,
Mānasaṁ bhāvaye aparimānaṁ,
Uddhaṁ adho ca tiriyañca,
Asambādhaṁ averaṁ asapattaṁ.

9. Tiṭṭhaṁ caraṁ nisinno vā,
Sayāno vā yāvatassa vigatamiddho
Etaṁ satim adhiṭṭheyya,
Brahmametaṁ vihāraṁ idhamāhu.

4. Whatever living creatures there be,
   Without exception, weak or strong.
   Long or huge, middle-sized,
   Short, minute or bulky,

5. Whether visible or invisible,
   And those living afar or near,
   The born and those seeking birth,
   May all beings be happy!

6. Let none deceive or decry
   His fellow anywhere.
   With resentment or hate
   Let none wish another's harm.

7. Just as a mother would shield
   With her own life, an only child,
   So let him have a mind
   Of boundless love for all beings.

8. Let him cultivate a mind of boundless love,
   For all, throughout the universe,
   In all its height, depth and breadth,
   Love that is unrestricted
   And beyond hatred or enmity.

9. Whether he stands, walks, sits or lies down,
   As long as he is awake,
   Let him maintain this mindfulness of love,
   Deemed here a Divine State.

10. Diṭṭhiñca anupagamma sīlavā
Dassanena sampaṇṇo,
Kāmesu vineyya gedhaṁ
na hi jātu gabbhaseyyaṁ punaretī'ti.

Dukkha pattā ca niddukkhā
Bhaya pattāca nibbhayā
Soka pattāca nissokā
Hontu sabbepi pānino.

Sutta- 2

MAHĀMAṄGALA SUTTA

Evaṁ me sutaṁ. Ekaṁ samayaṁ Bhagavā Sāvatthiyaṁ viharati Jetavane Anāthapiṇḍikassa ārame. Atha kho aññatarā devatā abhikkantāya rattiyā abhikkantavaṇṇā kevalakappaṁ jetavanaṁ obhāsetvā yena Bhagavā tenupasaṅkami. Upasaṅkamitvā Bhagavantaṁ abhivādetvā ekamantaṁ aṭṭhāsi. Ekamantaṁ ṭhitā kho sā devatā Bhagavantaṁ gāthāya ajjhabhāsi.

Deity:

1. Bahu devā manussā ca
Maṅgalāni acintayuṁ,
Ākaṅkhamānā sotthānaṁ;
Brūhi maṅgalamuttamaṁ.

<u>Blessed One:</u>

2. Asevanā ca bālānaṁ
Paṇḍitānañca sevanā,
Pujā ca pujanīyānaṁ;
Etaṁ maṅgalamuttamaṁ.

10. Holding no wrong views, virtuous
And with vision of Nibbāna, Ultimate reality,
Having overcome all sensual desires,
Never in a womb is he born again.

May all beings who are suffering, be free from suffering!
May all beings who are in fear, be free from fear!
May all beings who are grieving, be free from grief!

Sutta - 2

Discourse on Great Blessings

Once the Blessed One was staying at Anāthapiṇḍika's monastery in Jeta's Grove near Sāvatthi. Now as the night advanced far, a certain deity with surpassing brilliance illuminating the entire Jeta grove, came into the presence of the Blessed One. Drawing close, he paid his respects to the Lord and stood at one side. Standing thus, the Deity addressed the Blessed One in verse:

Deity:

1. Many deities and men,
In quest of well-being,
Have pondered on blessings,
Pray, reveal what are great blessings.

Blessed One:

2. Avoiding wrong company,
Associating with the wise,
And revering those to be revered,
Each is a great blessing.

3. Paṭirūpadesavāso ca
Pubbe ca katapuññatā,
Attasammāpaṇidhi ca;
Etaṁ maṅgalamuttamaṁ.

4. Bāhusaccañca sippañca,
Vinayo ca susikkhito,
Subhāsitā ca yā vācā;
Etaṁ maṅgalamuttamaṁ.

5. Mātā pitu upaṭṭhānaṁ,
Puttadārassa saṅgaho,
Anākulā ca kammantā;
Etaṁ maṅgalamuttamaṁ.

6. Dānañca dhammacariyā ca
ñātakānañca saṅgaho,
Anavajjāni kammāni;
Etaṁ maṅgalamuttamaṁ.

7. Ārati virati pāpā,
Majjapānā ca saññamo,
Appamādo ca dhammesu;
Etaṁ maṅgalamuttamaṁ.

8. Gāravo ca nivāto ca,
Santuṭṭhi ca kataññutā,
Kālena dhammassavanaṁ;
Etaṁ maṅgalamuttamaṁ.

3. Residing in a suitable locality,
   Possessing merits of past deeds,
   And setting oneself on the right path,
   Each is a great blessing.

4. Being learned and skillful in craft,
   Disciplined in morals and well cultivated,
   Being gifted with words of wisdom,
   Each is a great blessing.

5. Looking after mother and father,
   Supporting wife and children,
   And pursuing a blameless career,
   Each is a great blessing.

6. Being generous and virtuous in conduct,
   Being helpful to relatives,
   And irreproachable in actions,
   Each is a great blessing.

7. Abhorring and refraining from evils,
   Abstaining from intoxicating drinks,
   And being heedful in spiritual practices,
   Each is a great blessing.

8. Being reverential and modest,
   Being contented and grateful,
   And listening to Dhamma-discourses,
   Each is a great blessing.

9. Khanti ca sovacassatā,
Samanānañca dassanaṁ,
Kālena dhammasākacchā;
Etaṁ maṅgalamuttamaṁ.

10. Tapo ca brahmacariyā ca,
Ariyasaccānadassanaṁ,
Nibbāna sacchikiriyā ca;
Etaṁ maṅgalamuttamaṁ.

11. Phuṭṭhassa loka-dhammehi,
Cittaṁ yassa na kampati,
Asokaṁ virajaṁ khemaṁ;
Etaṁ maṅgalamuttamaṁ.

12. Etādisāni katvāna,
Sabbatthamaparājitā,
Sabbattha sotthiṁ gacchanti;
Taṁ tesaṁ maṅgalamuttamaṁ'ti.

Sutta - 3

RATANA SUTTA

1. Yānīdha bhūtāni samāgatāni,
Bhummāni vā yāni vā antalikkhe,
Sabbeva bhūtā sumanā bhavantu,
Athopi sakkacca suṇantu bhāsitaṁ.

9. Being patient and open to correction,
   Respectfully attending on bhikkhus,
   And timely Dhamma-discussions,
   Each is a great blessing.

10. Practising austerity, leading holy life,
    Gaining the vision of Noble Truths,
    And realizing Nibbāna, Ultimate Peace,
    Each is a great blessing.

11. Pressured by worldly dichotomies,
    When one's mind does not tremble,
    Being sorrowless, taint-free and secure,
    Each is a great blessing.

12. Having acted in this way,
    They are invincible everywhere,
    And remain ever secure;
    To them these are the great blessings.

Sutta - 3

Discourse on the Triple Gem

1. Whatever beings are gathered here,
   Whether terrestrial, or celestial,
   All beings, abide ye with loving hearts,
   And listen carefully to these words;

2. Tasmā hi bhūtā nisāmetha sabbe,
Mettaṁ karotha mānusiyā pajāya,
Divā ca ratto ca haranti ye baliṁ,
Tasmā hi ne rakkhatha appamattā.

3. Yaṁ kiñci vittaṁ idha vā huraṁ vā,
Saggesu vā yaṁ ratanaṁ paṇītaṁ,
Na no samaṁ atthi Tathāgatena,
Idampi Buddhe ratanaṁ paṇītaṁ,
Etena saccena suvatthi hotu!

4. Khayaṁ virāgaṁ amataṁ paṇītaṁ,
Yadhajjhagā sakyamunī samāhito,
Na tena dhammena samatthi kiñci,
Idampi Dhamme ratanaṁ paṇītaṁ,
Etena saccena suvatthi hotu!

5. Yaṁ Buddha-seṭṭho parivaṇṇayī suciṁ,
Samādhi mānantarikaññamāhu,
Samādhinā tena samo na vijjati,
Idampi Dhamme ratanaṁ paṇītaṁ,
Etena saccena suvatthi hotu!

6. Ye puggalā aṭṭha sataṁ pasatthā,
Cattāri etāni yugāni honti,
Te dakkhiṇeyyā Sugatassa sāvakā,
Etesu dinnāni mahapphalāni,
Idampi Saṅghe ratanaṁ paṇītaṁ,
Etena saccena suvatthi hotu!

2. Pay heed, then, ye beings all,
   Show loving kindness to human beings,
   Day and night, they bring thee offerings,
   So protect them ever with diligence.

3. Whatever Treasure Gem there be in this or other worlds,
   Whatever precious gem there be in the heavens,
   There is nothing to equal the Bearer of Truth,
   This is the matchless excellence in the Buddha,
   By this assertion of truth, may well-being prevail!

4. By the extinction of defilements,
   The tranquil Sākyan Sage realized,
   The highest passion-free, deathless state.
   There is nothing to equal that Supreme state.
   This is the matchless excellence in the Dhamma,
   By this assertion of truth, may well-being prevail!

5. The Supreme Sanctity which the Buddha extolled,
   As Transcendental Uninterrupted Ecstasy,
   Nothing equals that blissful Supermundane Absorption,
   This is the matchless excellence in the Dhamma,
   By this assertion of truth, may well-being prevail!

6. The Supreme Sage extolled eight individual saints,
   Who form the Four Pairs of Sanctified Seers,
   They are Exalted One's Noble Disciples, worthy of offerings,
   Offerings made to them yield abundant fruit,
   This is the matchless excellence in the Saṅgha,
   By this assertion of truth, may well-being prevail!

7. Ye suppayuttā manasā daḷhena,
Nikkāmino Gotamasāsanamhi,
Te pattipattā amataṁ vigayha,
Laddhā mudhā nibbutiṁ bhuñjamānā,
Idampi Saṅghe ratanaṁ paṇītaṁ,
Etena saccena suvatthi hotu!

8. Yathindakhīlo paṭhaviṁ sito siyā,
Catubbhi vātehi asampakampiyo,
Tathūpamaṁ sappurisaṁ vadāmi,
Yo ariyasaccāni avecca passati,
Idampi Saṅghe ratanaṁ paṇītaṁ,
Etena saccena suvatthi hotu!

9. Ye ariyasaccāni vibhāvayanti,
Gambhīrapaññena sudesitāni,
Kiñcāpi te honti bhusappamattā,
Na te bhavaṁ aṭṭhamaṁ ādiyanti,
Idampi Saṅghe ratanaṁ paṇītaṁ,
Etena saccena suvatthi hotu!

10. Sahāvassa dassanasampadāya,
Tayassu dhammā jahitā bhavanti,
Sakkāyadiṭṭhī vicikicchitañca,
Sīlabbataṁ vāpi yadatthi kiñci,
Catūhapāyehi ca vippamutto,
Cha cābhiṭhānāni abhabbo kātuṁ,
Idampi Saṅghe ratanaṁ paṇītaṁ,
Etena saccena suvatthi hotu!

7. Fully committed with a steadfast mind,
In Gotama's Dispensation,
They have gone beyond passion,
Having plunged unto the Deathless,
Partaking of Ultimate Peace, won by spiritual excellence,
They have reached the highest state,
This is the matchless excellence in the Saṅgha,
By this assertion of truth, may well-being prevail!

8. As a votive column sunk deep in earth,
Remains unshaken by the four winds;
Even so, is the Holy One, I declare,
Who dwells ever-seeing the Noble Truths;
This is the matchless excellence in the Saṅgha,
By this assertion of truth, may well-being prevail!

9. Those who have actualized the Noble Truths,
Well expounded by Him of profound wisdom,
Even if they have not been ever so mindful;
They never are reborn more than seven times.
This is the matchless excellence in the Saṅgha,
By this assertion of truth, may well-being prevail!

10. One who has gained the Supreme Vision,
For him these three fetters have been uprooted:
Self-illusion, skeptical doubt and superstitious
Adherence to rules and rituals,
Wholly freed from the four states of woe,
He is incapable of committing six heinous crimes.
This is the matchless excellence in the Saṅgha,
By this assertion of truth, may well-being prevail!

11. Kiñcāpi so kammaṁ karoti pāpakaṁ,
Kāyena vācā uda cetasā vā,
Abhabbo so tassa paṭicchādāya,
Abhabbatā diṭṭha padassa vuttā,
Idampi Saṅghe ratanaṁ paṇītaṁ,
Etena saccena suvatthi hotu!

12. Vanappagumbe yathā phussitagge,
Gimhānamāse paṭhamasmiṁ gimhe,
Tathūpamaṁ Dhammavaraṁ adesayi,
Nibbānagāmiṁ paramaṁ hitāya,
Idampi Buddhe ratanaṁ paṇītaṁ,
Etena saccena suvatthi hotu!

13. Varo varaññū varado varāharo,
Anuttaro Dhammavaraṁ adesayi,
Idampi Buddhe ratanaṁ paṇītaṁ,
Etena saccena suvatthi hotu!

14. Khīṇaṁ purāṇaṁ navaṁ natthi sambhavaṁ,
Virattacittā āyatike bhavasmiṁ,
Te khīṇabījā avirūḷhicchandā,
Nibbanti dhīrā yathā yaṁ padīpo,
Idampi Saṅghe ratanaṁ paṇītaṁ,
Etena saccena suvatthi hotu!

15. Yānīdha bhūtāni samāgatāni,
Bhummāni vā yāni vā antalikkhe,
Tathāgataṁ deva-manussa-pūjitaṁ,
Buddhaṁ namassāma suvatthi hotu!

11. Whatever error he might make,
Whether by deed, word or thought,
He is incapable of concealing it,
Impossible to do so, it is said,
Being endowed with Vision of the Supermundane.
This is the matchless excellence in the Saṅgha,
By this assertion of truth, may well-being prevail!

12. Just as forest groves, in springtime,
Burst forth in blossoms of myriad hues,
Even so, did He teach the Sublime Dhamma,
Leading to Nibbāna, for the highest good,
This is the matchless excellence in the Buddha,
By this assertion of truth, may well-being prevail!

13. Having gained the highest of Excellence, He is
The Knower, Giver and Bringer of Supreme Excellence.
Being ever the Unexcelled One,
He expounded the most Excellent Teaching.
This is the matchless excellence in the Buddha,
By this assertion of truth, may well-being prevail!

14. With the past kammas fully wiped out,
And no possibility of fresh accumulation,
Severed from future rebirths, their minds are free,
Where desire, like burnt-up seeds, sprout no more,
These Wise Ones cease like a blown-out lamp.
This is the matchless excellence in the Saṅgha,
By this assertion of truth, may well-being prevail!

15. Whatever beings are gathered here,
Whether terrestrial or celestial,
The Bearer of Truth is worshipped by gods and men,
Let us worship the Supremely Enlightened One,
May by this act, well-being prevail!

16. Yānīdha bhūtāni samāgatāni,
Bhummāni vā yāni vā antalikkhe,
Tathāgataṁ deva-manussa-pūjitaṁ,
Dhammaṁ namassāma suvatthi hotu!

17. Yānīdha bhūtāni samāgatāni,
Bhummāni vā yāni vā antalikkhe,
Tathāgataṁ deva-manussa-pūjitaṁ,
Saṅghaṁ namassāma suvatthi hotu!

Sutta - 4

JAYAMAṄGALA GĀTHĀ

1. Bāhuṁ sahassamabhinimmita sāyudhantaṁ,
Girimekhalaṁ udita ghora sasena māraṁ,
Dānādi dhamma vidhinā jitavā Munindo,
Taṁ tejasā bhavatu me jayamaṅgalāni.

2. Mārātirekamabhiyyujjhita sabbarattiṁ,
Ghorampanālavakamakkha mathaddhayakkhaṁ,
Khanti sudanta vidhinā jitavā Munindo,
Taṁ tejasā bhavatu me jayamaṅgalāni.

3. Nālāgiriṁ gajavaraṁ atimatta bhutaṁ
Dāvaggi cakkamasanīva sudārunantaṁ,
Mettambusekavidhinā jitavā Munido,
Taṁ tejasā bhavatu me jayamaṅgalāni.

16. Whatever beings are gathered here,
    Whether terrestrial or celestial,
    The Bearer of Truth is worshipped by gods and men,
    Let us worship the Sacred Teaching of the Buddha,
    May by this act, well-being prevail!

17. Whatever beings are gathered here,
    Whether terrestrial or celestial,
    The Bearer of Truth is worshipped by gods and men,
    Let us worship the Holy Order
    Established by the Buddha,
    May by this act, well-being prevail!

Sutta - 4

Halo'd Triumph

1. Māra, the Evil One, assumed a fierce form with a thousand arms, each brandishing a deadly weapon. Accompanied by his formidable hosts, he stormed forward roaring, riding on his elephant, Girimekhala. Him the Sovereign Sage conquered by invoking the might of his exalted perfections of giving and the rest. By this mighty triumph may joyous victory be mine!

2. Even more fiendish than Māra was Ālavaka, the impetuous and haughty yakkha (demon) who fought a night-long battle with the Lord. Him the Sovereign Sage conquered through enduring patience flowing from his unequalled self-mastery. By this mighty triumph may joyous victory be mine!

3. Provoked to run amok, Nālāgiri, the king tusker, like a raging forest fire murderously assailed all in his path, and struck such terror as would Indra's thunderbolt, the irresistible destroyer. Him the Sovereign Sage tamed by sprinkling over him the cooling water of all-embracing love. By this mighty triumph may joyous victory be mine!

4. Ukkhittakhaggamatihattha sudārunantaṁ,
Dhāvanti yojana pathaṁgulimālavantaṁ,
Iddhibhisaṅkhatamano jitavā Munindo,
Taṁ tejasā bhavatu me jayamaṅgalāni.

5. Katvāna kaṭṭha mudaraṁ iva gabbhiniyā,
Ciñcāya duṭṭhavacanaṁ janakāya majjhe,
Santena somavidhinā jitavā Munindo,
Taṁ tejasā bhavatu me jayamaṅgalāni.

6. Saccaṁ vihāya matisaccaka vādaketuṁ,
Vādābhiropitamanaṁ ati andhabhūtaṁ,
Paññāpadīpajalito jitavā Munindo,
Taṁ tejasā bhavatu me jayamaṅgalāni.

7. Nandopananda Bhujagaṁ vibudhaṁ mahiddhiṁ,
Puttena therabhujagena damāpayanto,
Iddhūpadesa vidhinā jitavā Munindo,
Taṁ tejasā bhavatu me jayamaṅgalāni.

8. Duggāhadiṭṭhi bhujagena sudaṭṭhahatthaṁ,
Brahmaṁ visuddhi jutimiddhi Bakābhidhānaṁ,
ñānāgadena vidhinā jitavā Munindo,
Taṁ tejasā bhavatu me jayamaṅgalāni.

9. Etāpi Buddha jayamaṅgala aṭṭha gāthā,
Yo vācako dinedine sarate matandi,
Hitvānaneka vividhāni cupaddavāni,
Mokkhaṁ sukhaṁ adhigameyya naro sapañño.

4. With sword upraised in his expert hands, did the savage robber Aṅgulimālā pursue the Lord for a full three leagues. Him the Sovereign Sage conquered by his supernatural powers. By this mighty triumph, may joyous victory be mine!
5. Posing as a pregnant woman by tying a piece of wood on her belly, Ciñcā falsely accused the Lord with lewd words in the midst of a devout congregation. Her the Sovereign Sage subdued through his imperturbable serenity. By this mighty triumph, may joyous victory be mine!
6. With his perverted intelligence, Saccaka, the wandering mendicant, invariably distorted the truth. Pretending to be the very banner of learning, he only blinded his own mental vision as he went about indulging in intellectual disputations. Him the Sovereign Sage conquered by his illuminating lamp of wisdom. By this mighty triumph, may joyous victory be mine!
7. Nandopananda, the hostile king of the Nāgās, possessed immense and manifold psychic powers. By instructing the Elder Moggallāna, his spiritual son, mighty in supernatural attainments, the Sovereign Sage rendered the Nāgā king powerless and transformed him. Thus, through a supernormal mode of spiritual instruction intelligible to the Nāgā, did the Master conquer him. By this mighty triumph, may joyous victory be mine!
8. Though a deity of great purity, radiance and power, Baka the Brahma god, like an arm tightly held in a snake's coil, was nevertheless in the grip of pernicious views. Him the Sovereign Sage cured by means of wisdom. By this mighty triumph, may joyous victory be mine!
9. He who, day after day without lethargy, recites and recollects these eight hymns of the Exalted One's glorious triumphs, that wise man, having overcome many and diverse obstacles, would attain the bliss of deliverance.

Sutta - 5

MAHĀJAYAMAṄGALA GĀTHĀ

1. ***Mahākāruniko Nātho,***
   Hitāya sabbapāṇinaṁ,
   Pūretvā pārami sabbaṁ,
   Patto sambodhi muttamaṁ.
   Etena saccavajjena
   Hotu me jayamaṅgalaṁ.

2. ***Jayanto Bodhiyā mūle***
   Sakkyānaṁ nandivaḍḍhano.
   Evaṁ mayhaṁ jayo hotu
   Jayassu jaya maṅgalaṁ.

3. ***Sakkatvā Buddharatanaṁ, Osadhaṁ uttamaṁ varaṁ,***
   Hitaṁ devamanussānaṁ, Buddhatejena sotthinā
   Nassantupaddavā sabbe, Dukkhā vūpasamentu me.

4. ***Sakkatvā Dhammaratanaṁ, Osadhaṁ uttamaṁ varaṁ,***
   Pariḷāhupasamanaṁ , Dhammatejena sotthinā
   Nassantupaddavā sabbe, Bhayā vūpasamentu me.

5. ***Sakkatvā Saṅgharatanaṁ, osadhaṁ uttamaṁ varaṁ,***
   Ahuneyyaṁ pāhuneyyaṁ , Saṅghatejena sotthinā
   Nassantupaddavā sabbe, Rogā vūpasamentu me.

6. ***Yaṁ kiñci ratanaṁ loke***
   Vijjati vividhā puthu
   Ratanaṁ Buddhasamaṁ natthi,
   Tasmā sotthi bhavantu me.

Sutta - 5

Triumph and Blessing

1. The great compassionate Deliverer,
   For the welfare of all, fulfilling
   The perfections, won the summit
   State of Supreme Enlightenment.
   By this assertion of truth
   May I triumph and be blessed.
2. Victorious under the Tree of Wisdom,
   He raised to its very height
   The exultation of the Sākyan people.
   Even so be my own victory;
   May I ever triumph and be blessed.
3. Worshipping the precious Buddha Gem,
   Is a panacea excelling everything,
   And being vitalized by the Buddha's Grace,
   Ever salutary to gods and men.
   By this act may all my
   Distress and suffering cease!
4. Worshipping the precious Dhamma Gem,
   Is a panacea excelling everything,
   And being vitalized by the Dhamma's Power,
   Ever soothing the burnings within,
   By this act may all my, Distress and fear cease!
5. Worshipping the precious Saṅgha Gem,
   Is a panacea excelling everything,
   And being vitalized by the virtue of Saṅgha,
   Ever worthy of offerings and hospitality,
   By this act may all my, Distress and ailments cease!
6. Whatever precious gem exists,
   In the world, in many forms,
   There is nothing so precious,
   As the Gem of the Enlightened One.
   By this assertion of truth
   May well-being abound in me!

7. Yaṁ kiñci ratanaṁ loke
Vijjati vividhā puthu,
Ratanaṁ Dhammasamaṁ natthi,
Tasmā sotthi bhavantu me.

8. Yaṁ kiñci ratanaṁ loke,
Vijjati vividhā puthu,
Ratanaṁ Saṅghasamaṁ natthi,
Tasmā sotthi bhavantu me.

9. Natthi me saraṇaṁ aññaṁ
Buddho me saraṇaṁ varaṁ,
Etena saccavajjena
Hotu me jayamaṅgalaṁ.

10. Natthi me saraṇaṁ aññaṁ
Dhammo me saraṇaṁ varaṁ,
Etena saccavajjena
Hotu me jayamaṅgalaṁ.

11. Natthi me saraṇaṁ aññaṁ
Saṅgho me saraṇaṁ varaṁ,
Etena saccavajjena
Hotu me jayamaṅgalaṁ.

12. Sabbītiyo vivajjantu,
Sabba rogo vinassatu,
Mā me bhavatvantarāyo,
Sukhī dīghāyuko bhava.

13. Bhavatu sabba maṅgalaṁ,
Rakkhantu sabba devatā,
Sabba Buddhānubhāvena,
Sadā sotthī bhavantu me.

7. Whatever precious gem exists,
   In the world, in many forms,
   There is nothing so precious,
   As the Gem of the Noble Teaching.
   By this assertion of truth,
   May well-being abound in me!
8. Whatever precious gem exists,
   In the world, in many forms,
   There is nothing so precious,
   As the Gem of the Holy Order.
   By this assertion of truth,
   May well-being abound in me!
9. There is no other refuge for me.
   The Enlightened One is my supreme refuge.
   By this assertion of truth
   May I triumph and be blessed!
10. There is no other refuge for me.
    The Noble Teaching is my supreme refuge.
    By this assertion of truth
    May I triumph and be blessed!
11. There is no other refuge for me,
    The Holy Order is my supreme refuge.
    By this assertion of truth,
    May I triumph and be blessed!
12. May all misfortunes disappear,
    May all diseases fade away,
    May no peril befall me,
    And may I live long happily!
13. May all blessings come to me,
    May all gods protect me;
    By the Grace of all the Enlightened Ones,
    May well-being ever abound in me!

14. Bhavatu sabba maṅgalaṁ,
Rakkhantu sabba devatā,
Sabba Dhammānubhāvena,
Sadā sotthī bhavantu me.

15. Bhavatu sabba maṅgalaṁ,
Rakkhantu sabba devatā,
Sabba Saṅghānubhāvena,
Sadā sotthī bhavantu me.

16. Nakkhatta yakkha bhūtānaṁ,
Pāpaggaha nivaranā,
Parittassānubhāvena,
Hantu me upaddave.

Sutta - 6

MORA PARITTA

1. Udetayaṁ cakkhūmā ekarājā,
Harissa vaṇṇaṁ paṭhavippabhāsaṁ,
Taṁ taṁ namassāmi harissa vaṇṇaṁ
Paṭhavippabhāsaṁ,
Tayajja guttā viharemu divasaṁ.

2. Ye brāhmanā vedagū sabba dhamme,
Te me namo, te ca maṁ pālayantu,

3. Namatthu Buddhānaṁ, namatthu bodhiyā,
Namo vimuttānaṁ, namo vimuttiyā,

4. Evaṁ so parittaṁ katvā moro carati esanā.

14. May all blessings come to me,
    May all gods protect me;
    By the Glory of the Noble Teaching,
    May well-being ever abound in me!
15. May all blessings come to me,
    May all gods protect me;
    By the Glory of the Holy Order,
    May well-being ever abound in me!
16. By the power of this protective chanting,
    Warding off the malefic influence of stars,
    Devils, spirits and planetary combinations,
    May all my troubles cease to exist!

Sutta - 6

The Peacock's Protective Hymn

1. There rises the golden hued, Seeing one, The Sole Monarch.
   And the Illuminator of the earth.
   To thee I salute, oh golden hued,
   The Illuminator of the earth!
   May I safely spend the day protected by you!
2. May I salute all the Holy Ones,
   Knowers of all Knowledge!
   May they protect me!
3. May I salute the Supremely Enlightened Ones
   And may I worship their Enlightenment!
   May I salute the Liberated Ones
   And may I worship their Liberation.
4. Having chanted this protective hymn,
   The Peacock king went about searching for food.

5. ***Apetayaṁ cakkhūmā ekarājā,***
   Harissa vaṇṇaṁ paṭhavippabhāsaṁ,
   Taṁ taṁ namassāmi harissa vaṇṇaṁ
   Paṭhavippabhāsaṁ,
   Tayajja guttā viharemu rattiṁ.

6. ***Ye brāhmanā vedagū sabba dhamme,***
   Te me namo, te ca maṁ pālayantu,
   Namatthu Buddhānaṁ, namatthu bodhiyā
   Namo vimuttānaṁ, namo vimuttiyā,
   Evaṁ so parittaṁ katvā moro vāsamakappayī'ti.

Sutta - 7

AṬṬHAVĪSATI BUDDHA VANDANĀ

1. ***Vande Taṇhaṅkaraṁ Buddhaṁ,***
   Vande Medhaṁkaraṁ Muniṁ,
   Saraṇaṅkaraṁ Muniṁ vande,
   Dīpaṅkaraṁ Jinaṁ nāme.

2. ***Vande Kondañña Satthāraṁ***
   Vande Maṅgala Nāyakaṁ
   Vande Sumana Sambuddhaṁ
   Vande Revata Nāyakaṁ.

3. ***Vande Sobhita Sambuddhaṁ***
   Anomdassiṁ Muniṁ name
   Vande Paduma Sambuddhaṁ
   Vande Nārada Nāyakaṁ.

5. There sets the golden hued, the Seeing one, The Sole Monarch.
   And illuminator of the earth.
   To thee I salute, oh golden hued.
   The Illuminator of the earth!
   May I safely spend the night protected by you!

6. May I salute all the Holy Ones,
   Knowers of all Knowledge!
   May they protect me!
   May I salute the Supremely Enlightened Ones,
   And may I worship their Enlightenment!
   May I salute the Liberated Ones,
   And may I worship their Liberation.
   Having chanted this protective hymn,
   The Peacock king (Bodhisatta) safely spent the night.

Sutta - 7

Salutation to the 28 Buddhas

1. Salutation to Taṇhaṅkara, the All Enlightened!
   Salutation to Medhaṅkara, the Holy Sage
   Salutation to Saraṇaṅkara, the Noble Sage!
   Salutation to Dīpaṅkara, the True Victor!

2. Salutation to Kondañña, the Great Master!
   Salutation to Maṅgala, the Great Leader!
   Salutation to Sumana, the All Enlightened!
   Salutation to Revata the Sublime Guide!

3. Salutation to Sobhita, the All-Enlightened!
   Salutation to Anomadassī, the Holy Sage!
   Salutation to Paduma, the All-Enlightened!
   Salutation to Nārada, the Sublime Guide!

4. Padumuttaraṁ Muniṁ vande
Vande Sumedha Nāyakaṁ
Vande Sujāta Sambuddhaṁ
Piyadassiṁ Muniṁ name.

5. Atthadassiṁ Muniṁ vande
Dhammadassiṁ Jinaṁ name
Vande Siddhattha Satthāraṁ
Vande Tissa Mahāmuniṁ.

6. Vande Phussa Mahavīraṁ
Vande Vipassi Nāyakaṁ
Sikhiṁ Mahāmuniṁ vande
Vande Vessabhu Nāyakaṁ.

7. Kakusandhaṁ Muniṁ vande
Vande Konāgamana Nāyakaṁ
Kassapaṁ Sugataṁ vande
Vande Gotama Nāyakaṁ.

8. Aṭṭhavīsati ime Buddhā
Nibbānamata dāyakā
Namāmi sirasā niccaṁ
Te maṁ rakkhantu sabbadā.

4. Salutation to Padumuttara, the Serene Sage!
   Salutation to Sumedha, the Great Leader!
   Salutation to Sujāta, the All-Enlightened!
   Salutation to Piyadassī, the Noble Sage!

5. Salutation to Atthadassī, the Noble Sage!
   Salutation to Dhammadassī, the True Victor!
   Salutation to Siddhattha, the Holy Teacher!
   Salutation to Tissa, the Great Saint!

6. Salutation to Phussa, the Great Hero!
   Salutation to Vipassī, the Holy Guide!
   Salutation to Sikhi, the Great Sage!
   Salutation to Vessabhu, the True Leader!

7. Salutation to Kakusandha, the Serene One!
   Salutation to Konāgamana, the Holy Guide!
   Salutation to Kassapa, the Exalted One!
   Salutation to Gotama, the Noble Guide!

8. These are the twenty-eight
   Supremely Enlightened Ones,
   Bestowers of Nibbāna's Immortality!
   With my brow may I ever salute them!
   May they ever protect me!

Sutta - 8

NARASĪHA GĀTHĀ

1. Cakka varaṅkita ratta supādo,
Lakkhaṇa maṇḍita āyata paṇhi,
Cāmara chatta vibhūsita pādo,
Esa hi tuyha pitā Narasīho.

2. Sakya kumāra varo sukhumālo,
Lakkhaṇa vitthata puṇṇa sarīro,
Loka hitāya gato naravīro,
Esa hi tuyha pitā Narasīho.

3. Puṇṇa sasaṅka nibho mukha vaṇṇo,
Deva narāna piyo naranāgo,
Matta gajinda vilāsita gāmī,
Esa hi tuyha pitā Narasīho.

4. Khattiya sambhava agga kulīno,
Deva manussa namassita pādo,
Sīla samādhi patiṭṭhita citto,
Esa hi tuyha pitā Narasīho.

5. Āyata tuṅga susaṇṭhita nāso,
Gopamukho abhinīla sunetto,
Indadhanu abhinīla bhamukho,
Esa hi tuyha pitā Narasīho.

6. Vaṭṭa sumaṭṭa susaṇṭhita gīvo,
Sīhahanu miga-rāja sarīro,
Kañcana succhavi uttama vaṇṇo,
Esa hi tuyha pitā Narasīho.

Sutta - 8

Eulogy to the Lion of Men

1. His noble reddish feet are marked with
   Sacred wheels; his long heels are decked
   With Great One's sacred-marks;
   His feet are marked with the regal marks
   Of parasol and yak tail fan.
   Indeed, this Lion of Men is your father!
2. The Sakyan prince is Delicate and noble,
   with a body embellished with
   The Great One's sacred marks.
   The Hero among men, he is ever dedicated
   To the welfare of the world.
   Indeed, this Lion of Men is your father!
3. Like the full moon is his bright face.
   Dear to gods and men,
   He is the Noblest of men.
   With the graceful gait
   Of a tusker of pure breed.
   Indeed, this Lion of Men is your father!
4. Scion of the Noble warrior race,
   His feet receive homage of gods and men,
   His mind is steeped in virtue and meditation.
   Indeed, this Lion of Men is your father!\
5. His prominent nose is well-proportioned,
   His blue eyes are decked with,
   Rainbow dark blue eyebrows, like those of a heifer.
   Indeed, this Lion of Men is your father!
6. His smooth, well-formed round neck,
   Is like that of a lion,
   His body has beautiful bright golden hued skin.
   Like that of the king of the beasts.
   Indeed, this Lion of Men is your father!

7. Suniddha sugambhīra mañju sughoso,
Hiṇgula bandhu suratta sujīvho,
Vīsati vīsati seta sudanto,
Esa hi tuyha pitā Narasīho.

8. Añjana vaṇṇa sunīla sukeso,
Kaṇcana patta visuddha lalāṭo,
Osadhi paṇḍara suddha su-uṇṇo,
Esa hi tuyha pitā Narasīho.

9. Gacchati nīlapathe viya cando,
Tāragaṇā pariveṭhita rūpo,
Sāvaka majjhagato samanindo
Esa hi tuyha pitā Narasīho.

7. His sweet voice is deep and soft,
   his tongue is red as vermilion and
   he has the whitest teeth, twenty in each row.
   Indeed, this Lion of Men is your father!

8. He has dark blue hair like collyrium,
   His forehead is like polished gold plate
   With a white coiled hair like the morning star.

9. Even as the moon crosses the sky,
   surrounded by galaxies of stars,
   He, as the Lord of bhikkhus,
   Is ever surrounded by his disciples,
   Indeed, this Lion of Men is your father!

Sutta - 9
Navaguna Buddhanussati Gāthā

Recollection of the Nine Qualities of the Buddha

1. Iti pi so bhagavā arahaṁ, sammāsambuddho, vijjācaranasampanno, sugato, lokavidu, anuttaro purisadammasārathī, satthā devamanussānaṁ, buddho, bhagavā ti;

   Bhagavā, buddho, satthā devamanussānaṁ, anuttaro purisadammasārathī, lokavidu, sugato, vijjācaranasampanno, sammāsambuddho, arahaṁ. So bhagavā iti pi.

2. Iti pi so bhagavā, sammāsambuddho, vijjācaranasampanno, sugato, lokavidu, anuttaro purisadammasārathī, satthā devamanussānaṁ, buddho, bhagavā, arahaṁ;

   Arahaṁ, bhagavā, buddho, satthā devamanussānaṁ, anuttaro purisadammasārathī, lokavidu, sugato, vijjācaranasampanno, sammāsambuddho. So bhagavā iti pi.

3. Iti pi so bhagavā, vijjācaranasampanno, sugato, lokavidu, anuttaro purisadammasārathī, satthā devamanussānaṁ, buddho, bhagavā, arahaṁ, sammāsambuddho;

   Sammāsambuddho, arahaṁ, bhagavā, buddho, satthā devamanussānaṁ, anuttaro purisadammasārathī, lokavidu, sugato, vijjācaranasampanno. So bhagavā iti pi.

4. Iti pi so bhagavā, sugato, lokavidu, anuttaro purisadammasārathī, satthā devamanussānaṁ, buddho, bhagavā, arahaṁ. sammāsambuddho, vijjācaranasampanno;

   Vijjācaranasampanno, sammāsambuddho, arahaṁ, bhagavā, buddho, satthā devamanussānaṁ, anuttaro purisadammasārathī, lokavidu, sugato. So bhagavā iti pi.

5. Iti pi so bhagavā, lokavidu, anuttaro purisadammasārathī, satthā devamanussānaṁ, buddho, bhagavā, arahaṁ, sammāsambuddho, vijjācaranasampanno, sugato;

   Sugato, vijjācaranasampanno, sammāsambuddho, arahaṁ, bhagavā, buddho, satthā devamanussānaṁ, anuttaro purisadammasārathī, lokavidu. So bhagavā iti pi.

6. Iti pi so bhagavā, anuttaro purisadammasārathī, satthā devamanussānaṁ, buddho, bhagavā arahaṁ, sammāsambuddho, vijjācaranasampanno, sugato, lokavidu;

   Lokavidu, sugato, vijjācaranasampanno, sammāsambuddho, arahaṁ, bhagavā, buddho, satthā devamanussānaṁ, anuttaro purisadammasārathī. So bhagavā iti pi.

7. Iti pi so bhagavā, satthā devamanussānaṁ, buddho, bhagavā, arahaṁ. sammāsambuddho, vijjācaranasampanno, sugato, lokavidu, anuttaro purisadammasārathī;

Anuttaro purisadammasārathī, lokavidu, sugato, vijjācaranasampanno, sammāsambuddho, arahaṁ, bhagavā, buddho, satthā devamanussānaṁ. So bhagavā iti pi.

8. Iti pi so bhagavā, buddho, bhagavā, arahaṁ, sammāsambuddho, vijjācaranasampanno, sugato, lokavidu, anuttaro purisadammasārathī, satthā devamanussānaṁ;

   Satthā devamanussānaṁ, anuttaro purisadammasārathī, lokavidu, sugato, vijjācaranasampanno, sammāsambuddho, arahaṁ, bhagavā, buddho. So bhagavā iti pi.

9. Iti pi so bhagavā, bhagavā, arahaṁ, sammāsambuddho, vijjācaranasampanno, sugato, lokavidu, anuttaro purisadammasārathī, satthā devamanussānaṁ, buddho.

   Buddho, satthā devamanussānaṁ, anuttaro purisadammasārathī, lokavidu, sugato, vijjācaranasampanno, sammāsambuddho, arahaṁ, bhagavā. So bhagavā iti pi.

Buddhānussati
Recollection of the 9 Qualities of the Buddha
Chanting Method (As given in page 50, 51, 52)

Iti pi so Bhagavā

1. Arahaṁ
2. Sammāsambuddho
3. Vijjācaraṇasampaṇṇo
4. Sugato
5. Lokavidū
6. Anuttaro Purisadammasārathi
7. Satthā Devamanussānaṁ
8. Buddho
9. Bhagavā

I Cycle	1	2	3	4	5	6	7	8	9
	9	8	7	6	5	4	3	2	1
II Cycle	2	3	4	5	6	7	8	9	1
	1	9	8	7	6	5	4	3	2
III Cycle	3	4	5	6	7	8	9	1	2
	2	1	9	8	7	6	5	4	3
IV Cycle	4	5	6	7	8	9	1	2	3
	3	2	1	9	8	7	6	5	4
V Cycle	5	6	7	8	9	1	2	3	4
	4	3	2	1	9	8	7	6	5
VI Cycle	6	7	8	9	1	2	3	4	5
	5	4	3	2	1	9	8	7	6
VII Cycle	7	8	9	1	2	3	4	5	6
	6	5	4	3	2	1	9	8	7
VIII Cycle	8	9	1	2	3	4	5	6	7
	7	6	5	4	3	2	1	9	8
IX Cycle	9	1	2	3	4	5	6	7	8
	8	7	6	5	4	3	2	1	9

19. Sacca Vajjaṁ

Etena saccavajjena sotthi no hotu sabbadā
Etena saccavajjena sabba dukkhā vinassantu.
Etena saccavajjena sabba Bhayā vinassantu.
Etena saccavajjena sabba Rogā vinassantu.
Etena saccavajjena hotu no jayamaṅgalaṁ
Etena saccavajjena pātu no Ratanattayaṁ!

1. ***Sabbītiyo vivajjantu,***
   Sabba rogo vinassatu,
   Mā no bhavatvantarāyo,
   Sukhī dīghāyuko bhavaṁ.

2. ***Bhavatu sabba maṅgalaṁ,***
   Rakkhantu sabba devatā,
   Sabba Buddhānubhāvena,
   Sadā sotthī bhavantu no.

3. ***Bhavatu sabba maṅgalaṁ,***
   Rakkhantu sabba devatā,
   Sabba Dhammānubhāvena,
   Sadā sotthī bhavantu no.

4. ***Bhavatu sabba maṅgalaṁ,***
   Rakkhantu sabba devatā,
   Sabba Saṅghānubhāvena,
   Sadā sotthī bhavantu no.

5. ***Nakkhatta yakkha bhūtānaṁ,***
   Pāpaggaha nivaranā,
   Parittassānubhāvena,
   Hantu no upaddave.

19. Truth Assertion

By this assertion of truth may well-being abound in me!
By this assertion of truth may I triumph and be blessed!
By this assertion of truth may the vision of the Triple Gem enlighten my heart!

1. May all misfortunes disappear,
   May all diseases fade away,
   May no peril befall us,
   And may I live long happily!

2. May all blessings come to us,
   May all gods protect me;
   By the Grace of all the Supremely Enlightened Ones,
   May well-being ever abound in me!

3, May all blessings come to us,
   May all gods protect me;
   By the Glory of the Noble Teaching,
   May well-being ever abound in me!

4. May all blessings come to us,
   May all gods protect me;
   By the Glory of the Holy Order,
   May well-being ever abound in me!

5. By the power of this protective chanting,
   Warding off the malefic influence of stars,
   Devils, spirits and planetary combinations,
   May all our troubles cease to exist!

6. ***Devo vassatu kālena,***
Sassasampatti hetu ca,
Phīto bhavatu loko ca,
Rājā bhavatu dhammiko.

7. ***Yaṁ dunnimittaṁ avamaṅgalañca,***
Yo cāmanāpo sakunassa saddo
Pāpaggaho dussupinaṁ akantaṁ,
Buddhānubhāvena vināsamentu

8. ***Yaṁ dunnimittaṁ avamaṅgalañca,***
Yo cāmanāpo sakunassa saddo
Pāpaggaho dussupinaṁ akantaṁ,
Dhammānubhāvena vināsamentu

9. ***Yaṁ dunnimittaṁ avamaṅgalañca,***
Yo cāmanāpo sakunassa saddo
Pāpaggaho dussupinaṁ akantaṁ,
Saṅghānubhāvena vināsamentu

20. Puññānumodanā

1. ***Ākāsaṭṭhā ca bhummaṭṭhā,***
Devānāgā mahiddhikā;
Puññaṁ taṁ anumoditvā,
Ciraṁ rakkhantu sāsanaṁ.

2. ***Ākāsaṭṭhā ca bhummaṭṭhā,***
Devānāgā mahiddhikā;
Puññaṁ taṁ anumoditvā,
Ciraṁ rakkhantu desanaṁ.

6. May the rains fall in time
And bring about a rich harvest,
May the world thrive in prosperity,
And may the rulers ever be righteous!

7. Whatever evil omen, misfortune,
unpleasant bird noise,
Malefic Planets and bad dreams there be,
By the powers of the Supremely Enlightened One,

8. May all these disappear!
Whatever evil omen, misfortune,
unpleasant bird noise,
Malefic Planets and bad dreams there be,
By the powers of the Sacred Teachings,

9. May all these disappear!
Whatever evil omen, misfortune,
unpleasant bird noise,
Malefic Planets and bad dreams there be,
By the powers of the Holy Order,
May all these disappear!

20. Sharing Merit

1. Having shared the merits
Accruing through these good deeds,
May the gods and nāgās of mighty power,
Inhabiting throughout the space and earth,
Protect the Buddha's Dispensation for long!

2. Having shared the merits
Accruing through these good deeds,
May the gods and nāgās of mighty power,
Inhabiting throughout the space and earth,
Protect the Buddha's Teaching for long!

3. ***Ākāsaṭṭhā ca bhummaṭṭhā,***
Devānāgā mahiddhikā;
Puññaṁ taṁ anumoditvā,
Ciraṁ rakkhantu maṁ paraṁ.

4. ***Ettāvatā ca amhehi,***
Sambhataṁ Puññasampadaṁ;
Sabbe devā anumodantu,
Sabba Sampatti siddhiyā.

5. ***Ettāvatā ca amhehi,***
Sambhataṁ Puññasampadaṁ;
Sabbe bhūta anumodantu,
Sabba Sampatti siddhiyā.

6. ***Ettāvatā ca amhehi,***
Sambhataṁ Puññasampadaṁ;
Sabbe Sattā anumodantu,
Sabba Sampatti siddhiyā.

Idaṁ me ñātīnaṁ hotu
Sukhitā hontu ñātayo! (3 times).

21. Tiratana Tejaṁ

Sabbe Buddhā balappattā,
Paccekānañca yaṁ balaṁ
Arahantānañca tejena,
Rakkhaṁ bandhāmi sabbaso.

Sabbe Dhammā balappattā
Ariyasaccānañca yaṁ balaṁ
Dhammcakkassa tejena
Rakkhaṁ bandhāmi sabbaso.

3. Having shared the merits
Accruing through these good deeds,
May the gods and nāgās of mighty power,
Inhabiting throughout the space and earth,
Protect us and others for long!

4. May all gods share
This wealth of merit,
Acquired now by us,
To yield all good fortunes for us!

5. May all living creatures share
This wealth of merit,
Acquired now by us,
To yield all good fortunes for us!

6. May all sentient beings share
This wealth of merit,
Acquired now by us,
To yield all good fortunes for us!

May this merit accrue also to my relatives,
And may my relatives be happy! (3 times).

21. The Glory of the Triple Gem

By the mighty powers of all Supremely Enlightened Buddhas,
The Hermit Buddhas and the Arahats, Perfect Ones,
May I secure protection in full measure.

By the mighty powers of the Sacred Teachings,
Of the Supremely Enlightened Buddhas, of the Four Noble Truths and the Setting in Motion of the Wheel of Truth
May I secure protection in full measure.

Sabbe Saṅghā balappattā,
Vimuttānañca yaṁ balaṁ,
Sāsanassa tejena,
Rakkhaṁ bandhāmi sabbaso.

22. Saṅkappo

Iminā puññakammena,
Mā me bāla-samāgamo;
Sataṁ samāgamo hotu,
Yāva nibbānapattiyā.

Idaṁ me puñña kammaṁ
Āsavakkhayaṁ vahaṁ hotu
Sabbadukkhā pamuccatu
Nibbānassa paccayo hotu!
Sādhu! Sādhu! Sādhu!

23. Ācariya Pūjā

Sīlavanto guṇavanto
Paññāvanto me ācariyo.
Karuṇāya Dhammaṁ desesi,
Gāravena namāmi sadā.
Anumoditvā imaṁ puññaṁ
Pappotu amataṁ padaṁ.

By the mighty powers of the Liberated Disciples of Holy Orders and the Holy Dispensations of all Buddhas,
May I secure protection in full measure.

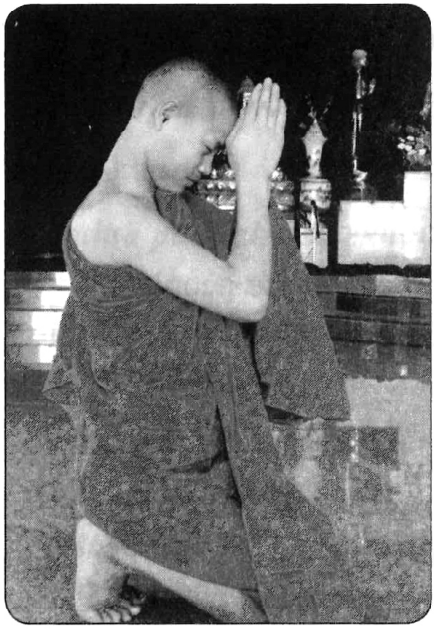
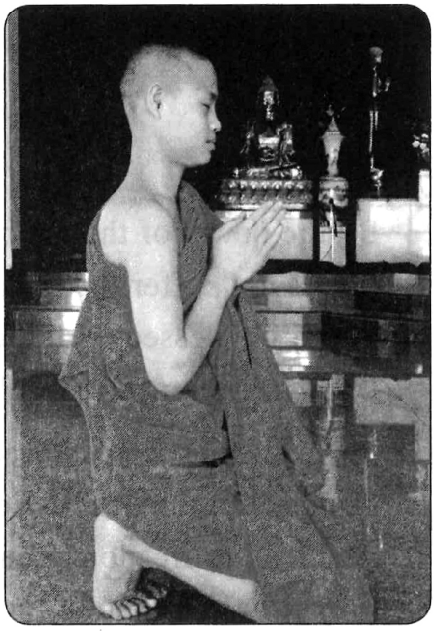
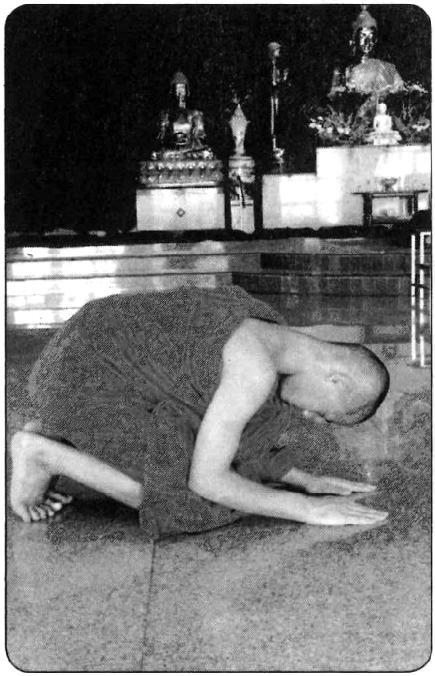
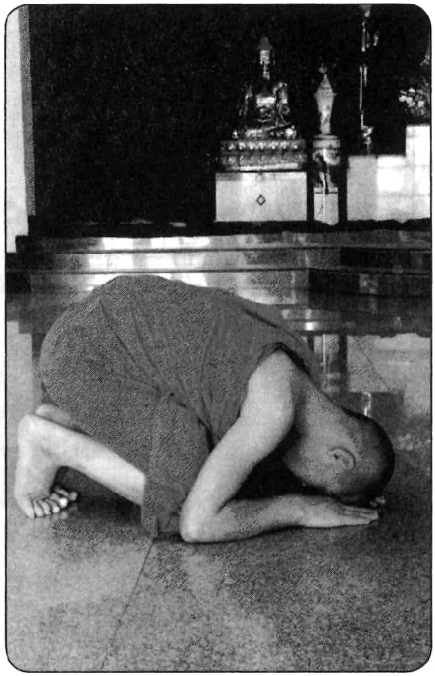
22. Aspiration

By the power of this meritorious deed,
May I not suffer the company of unwise people.
May I be blessed with the company of wise people,
Until Deliverance is won!

May this meritorious deed of mine,
Conduce to the destruction of cankers,
And lead to freedom from all suffering,
May it be a condition for spiritual Liberation!

23. Homage to the Teacher

This Guruvandana gatha to be chanted for Most Venerable Acharya Buddharakkhita in front of his image or photo or recollecting him in the mind

O, My righteous, virtuous
And meritorious Teacher!
You have taught the Dhamma Out of compassion. I always pay homage with reverence.
Having shared and rejoiced in my merits May all attain to the Deathless State!

Salutation method